

SOCIOLOGY and HEALTH

DIMENSIONS

- PHYSICAL
- MENTAL
- SOCIAL
- EMOTIONAL
- SPIRITUAL

DETERMINANTS OF HEALTH

- HEREDITY and ENVIRONMENT
- HEREDITY
 - Genes
- PHYSICAL HEREDITY
- PSYCHOLOGICAL HEREDITY

ENVIRONMENT

- Internal
- External
- Micro
- Macro
- PHYSICAL Land, food, climate
- SOCIAL Family, Society
- EMOTIONAL atmosphere at social
- CULTURAL values, tradition

SPECTRUM OF HEALTH

- Health and Disease are a Continuum
- Health
 - Optimum
 - Better
 - Freedom from illness
- Sickness
 - Sub clinical
 - Mild
 - Moderate
 - Severe
 - death

Concept of Disease

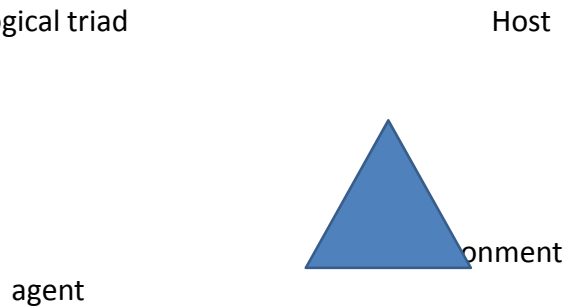
- State of body or organs which interfere with the functioning of body

Spectrum of Disease

- Carrier state
- Incubation period
- Sub clinical
- clinical

Theories of Disease

- Super Natural theory
- Germ theory
- Multi factorial theory
- Epidemiological triad



Disease

- Illness
- Sickness
- Disease

Perception of Illness

- Optimistic
- Pessimistic

Social factors affecting Health

- Lifestyle
- Social
- Cultural
- Political
- Economic

Social factors affecting Illness

- Physical level
- Psycho social level – Stress
- Cultural level - Stigma

Decision making in treatment

- Patient
- Health care professional
- Family

Factors affecting decision making

- Socio economic status
- Urban
- Literacy
- Culture, custom, belief
- Family set up

Steps in decision making

- Pre pathogenesis
- Pathogenesis
- Consultation and treatment
- Recovery

Perception of Illness

- Optimistic
- Pessimistic

Social factors affecting health

- Occurrence of disease
- Prevention of illness
- Health maintenance

- Unhealthy lifestyle
- Un hygienic
- Ability to spend
 - Social, cultural, political and economical views

Social factors affecting Illness

- Norms
- Values
- Ideals regard to health and disease

- Alcohol
- Exercises
- Hygiene

Decision making in treatment

- At any time
 - Continuum of disease
 - Subclinical / pre pathogenesis to death
- By patient and professional
- Factors
 - Culture, customs, believes
 - Socio economic status
 - Urban vs Poor
 - Literacy
 - Family set up

Steps in decision making

- Pre pathogenesis – lethargy
 - Discuss problems with family, friends
- Pathogenesis – symptoms
 - Whom to consult discussion
- Consultation and treatment
 - Consults and follows advice
- Recovery period
 - Do's and don'ts
 - Patient decides to follow or not